

Campanoe Challenge Personal & Troop Gear Equipment List 2nd Year Program

Note: radios, CD/MP3 players, video games, etc, plus junk food of any kind will not be allowed at camp. There will be an opportunity for treats during the week. There could be a pack check done by any of the directors, and if anything is found, it will be confiscated and returned following the camp's closing ceremonies.

Emergency Camp Phone Number: 539-9755. This is for emergency purposes only. Homesickness does not count as an emergency. Participants on 2nd year spend 5 nights out of base camp, therefore calling the emergency number will not put you in direct contact with any participant.

2nd year participants will be paddling down the Assiniboine River for 5 days. They will be camping as a group, and must bring separate troop gear from the first year participants from their group.

Clothing

Note: everything **Must** be labeled.

A – for Canoeing

- 1 pair of old runners for the water
- 2-3 pair of old socks for the water
- 1 pair of swimming trunks
- 1 pair of sweats or 2 pair of shorts
- 1 pair of nylon wind pants
- Wide brimmed hat
- 1 bandana to wear around the neck
- 1 pair of biking gloves (optional)
- Long sleeved shirt

B – for General Activities

- 1 pair of jeans
- 1 pair of sturdy runners
- 1 pair of sweats or wind pants
- 2 pair of shorts for warmer weather
- 6 pair of underwear
- 6 pair of socks (minimum)
- 2 short sleeved t-shirts
- Hooded fleece or heavy weight sweat shirt
- Fall weigh jacket for evenings
- Light weight rain suit.** Ponchos or water resistant jackets will not be accepted.
- Sleeping attire different than everyday clothing
- Campfire blanket (optional)

Personal Hygiene

1 each: hand towel, bath towel, washcloth
Toothbrush and toothpaste
Bar of soap in a plastic container with a lid.
Deodorant
Brush and/or comb
Shampoo
Baby wipes in a Ziploc bag (20-25)
4 wooden clothespins
Sewing kit plus 2 medium sized safety pins

First Aid Kit

1 roll of first aid tape
6 band aids
1 tube Polysporin or similar product
Lip balm
Sun screen (**a must**)
Insect repellent (**a must**)
2-4 gauze pads
Moleskin

Note: any change from normal routine may alter your cycle. Therefore, all female participants must come prepared with their own sanitary supplies.

Gear

A properly fitted back pack large enough to hold all personal gear for 9 days. 2 large heavyweight freezer plastic bags (28X40) to keep your gear dry inside, one for sleeping bag and one for clothing.
3lb sleeping bag, plus a sleeping bag liner as an option.
Light weight closed cell sleeping pad
Waterproof wrist watch (optional)
1 leak proof canteen or 1L Nalgene bottle
Pillow
1 2L plastic pop bottle with cap (extra water while on the trail)
Mess kit (dish, bowl, cup, spoon, fork, knife) and a cloth ditty bag to store them in
Knee pads or foam pads for kneeling in canoe
1 DOT approved properly sized PFD. **This is a MUST**
Small flashlight with extra batteries (stored in a Ziploc bag)
Pencil and pad of paper
Sunglasses (attached to a safety cord around the neck. Also good for those wearing glasses)
Camera – packed in a Zip Loc bag or waterproof case(optional)
Whistle on a lanyard
1 plain white t-shirt for silk screening. We do silk screening of the Campanoe logo on site for all participants.
1 pocket knife with lock blade

Matches in a waterproof container
Small container with screw top lid to hold 2 cups of trail mix (Peanut Butter Jar)
6m of ¼ to 3/8” nylon braided rope
Bear Claws from previous year.

Troop Gear

The 2nd year director my contact those leaders that are registered as going on the trip prior to camp to coordinate troop equipment.

Tent or tents suitable for number of youth and a separate tent for the leaders
Duluth bag or 5 gallon pail with a lid for every 3-4 participants, for carrying food or gear.
3 or 4 plastic containers with screw-on lids to carry staples.
20L water jug
Lawn chairs or camp stool (optional)
Troop alarm clock
Camp shovel
Clothes line rope
2 large tarps (at least 12’X9’) or 6mm poly for emergency rain shelters. Plus ample rope, twine, or bungee cords to make an emergency shelter.
1 large roll of duct tape
One Sylva 7NL, Brunton 7DNL or Suunto Partner or similar compass with 2° increment. Only one compass per troop is required.
Bailing bucket for every 2 youth on canoe trips (4L bleach or vinegar jugs with lids)

For ever 6 participants:

1 2-burner white gas stove, working properly. No propane stoves on the trip.
1 4L container white gas for every three participants.
2 dish pans (we supply the soap)
Cooking utensils (spatula, ladle, wooden spoon, potato peeler, can opener)
1 sharp slicing knife in carrying case
1 large cooking pot (8-10 quart)
1 medium sized pot (4-6 quart)
1 cutting board
1 large frying pan
4-5 dish towels (camp supplies j-clothes)
1 funnel with filter for filling camp stoves
1 pair oven mitts
Coffee pot
1 roll of duct tape

Troop gear to be marked with troop name

It is suggested that each youth participant bring no more than \$15.00 Cash

If there are any questions about the 2nd Year Program, please feel free to e-mail Campanoe Challenge at campanoechallenge@gmail.com.