

Frog, Cub, and Tenderfoot Equipment List

NOTE: Cell phones, electronic games and MP3 players are not permitted at camp. Junk Food is also not allowed. There could be a pack check by some of the camp directors and any items not required for the program will be confiscated and returned following the closing ceremonies.

If the need arises to contact your child at camp, you may call the emergency phone number of (306) 539-9755.

All personal items brought to camp **MUST** be clearly labeled and packed in a Backpack to camp.

Personal Gear

- Back Pack
- Day Pack
- Dishes and Dunk Bag
- Water Bottle
- Sleeping Pad (Blue foamy or Thermarest)
- Pillow
- Sleeping Bag
- Sleeping Bag Liner
- 9 pair underwear
- 9 pair socks
- 2 pair long pants, NO JEANS
- 3 pair shorts
- Swimming trunks
- Full Uniform for Opening and Closing
- 5 T-shirts
- 1 Long sleeve shirt
- 1 Lightweight Jacket
- 2 Sweater/Bunnyhug
- Lightweight Rain suit
- Towel/Soap/Shampoo
- Toque and Gloves
- 1 Pair Good Walking Shoes
- 1 pair water shoes (Old runners suitable for wear in the lake)
- Rubber boots (Optional)
- 1 properly sized PFD, MUST be CSA approved
- Sun Glasses
- Pajamas
- Toothbrush
- Flashlight
- Small 1st Aid Kit
- Campfire Blanket (Optional)
- Insect Repellant
- Sylva 7NL compass
- Plain white T-shirt for silkscreening
- Sunscreen